

ALLERGENS													
1	CEREALS CONTAINING GLUTEN WHEAT/BARLEY / RYE / OATS	6	MOLLUSC PRODUCTS	11	MUSTARD PRODUCTS								
2	SOYBEANS OR SOYA PRODUCTS	7	CRUSTACEANS	12	LUPIN PRODUCTS								
3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES								
4	MILK / MILK PRODUCTS	9	SESAME PRODUCTS	14	TREE NUTS / NUT DERIVATIVES								
5	FISH PRODUCTS	10	CELERY PRODUCTS										

PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturate/g	Carboh ydrate /g	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGE NS
SAUCES/ DIPS/ DRESSINGS													
GARLIC MAJO DIP Rapeseed Oil, Pasteurised EGG, Water, Spirit Vinegar, Sugar, Salt, Garlic (1.4%), Parsley, MUSTARD Flavouring, Stabiliser: Xanthan Gum; Lemon Oil, Antioxidant: Calcium Disodium EDTA; Natural Colour: Carotene; Spice Extract.	338	1429	36	2.5	1.4	1	0.1	1	0.7	✓		✓	3; 11
SWEET CHILLI DIP Sugar 46.0%,Water 21.0%,Pickled Red Chilli 19.0%,Vinegar 6.8%,Garlic 6.0%,Salt 1.0%,Stabilizer:Xanthan gum (E415) 0.2%	70	237	0	0	17	14	1	0	1	✓	✓	✓	
BBQ DIP/ SAUCE Water, Sugar, Tomato Puree (14%), Spirit Vinegar, Modified Starch, Salt, SOY Sauce (Water, SOYABEAN , Salt, Spirit Vinegar), Caramelised Sugar, BARLEY Malt Vinegar, Ginger Puree, Smoke Flavour, Spices,PARSLEY	117	483	0.1	0	27.3	24.5	0.6	1.2	2	✓	✓	✓	2
HOT DIP/ SAUCE Peppers, vinegar, salt, jalapenos,parsley,paprika	25	107	0.1	0.1	0	0.4	0.5	0.5	4.89	✓	✓	✓	
CAESAR DRESSING Rapeseed Oil, Water, Spirit Vinegar, Pasteurised EGG , Cheese (3%) (MILK), Sugar, Salt, Extra Virgin Olive Oil (2%), Garlic, Spices, Lemon Juice (from Concentrate), Black Pepper, Flavourings (contains MUSTARD , MILK), Stabiliser: Xanthan Gum, Guar Gum; MILK Protein, Chives, Preservative: Potassium Sorbate	464	1912	49	4.6	4.3	3.2	0.4	1.7	2.8	✓		✓	3; 4; 11
TOMATO & HERB Water, Rapeseed Oil, Red Wine Vinegar (11%), Tomato Puree (9%), Sugar, Salt, Lemon Juice (from Concentrate), Garlic, Stabiliser: Xanthan Gum, Guar Gum; Herbs, Spices, MUSTARD Flavoring, Preservative: Potassium Sorbate	342	1408	35.3	2.7	5.8	4.7	0.5	0.7	1.8	✓	✓	✓	11
KETCHUP Water, Tomato Puree, Modified Maize Starch, Sugar, Salt, Spice extracts, Colours Paprika, Caramel, Potassium Sorbate Acetic Acid	66	279	0.1	0.05	15	10	1	0.5	3.3	✓	✓	✓	
DIJON MUSTARD Water, brown MUSTARD seed (30%),spirit vinegar, salt, preservative, sodium hydrogen SULPHITE	157	654	11	0.8	6.1	2.2	0.8	7.3	5	✓	✓	✓	8 ; 11

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PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturate/g	Carboh ydrate /g	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGENS
SWEET BALSAMIC DRESSING Cooked Grape Must, Balsamic Vinegar of Modena (39%), Wine Vinegar, Colour E 150d, Sugar, Modified Corn Starch. Contains SULPHITE	38	160	0	0	9	8	0	1.8	0.1	✓	✓	✓	8
FIREHOUSE PIZZA SAUCE Tomato sauce: (Tomatoes 98%, Salt, Sunflower Oil, Sugar, Herbs, Garlic, Acidity Regulator: E330). Olive Oil, Balsamic Vinegar, Paprika, Salt, Sugar, Fresh:Garlic, Basil, Rocket. Water.	98	400	1	0.4	0.8	12	1	3	1.2	✓	✓	✓	
BBQ SAUCE Water, Sugar, Tomato Puree (14%), Spirit Vinegar, Modified Starch, Salt, SOY Sauce (Water, SOYABEAN , Salt, Spirit Vinegar), Caramelised Sugar, BARLEY Malt Vinegar, Ginger Puree, Smoke Flavour, Spices,PARSLEY	117	483	0.1	0	27.3	24.5	0.6	1.2	2	✓	✓	✓	2
HOT SAUCE Peppers, vinegar, salt, jalapenos,parsley,paprika	25	107	0.1	0.1	0	0.4	0.5	0.5	4.89	✓	✓	✓	
GARLIC BUTTER Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Reconstituted Butter MILK (12%), Salt (1.3%), Emulsifier (Mono and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Acidity Regulator (Lactic Acid), Colours (Annatto, Curcumin), Flavouring, Olive Oil, Garlic, Parsley	530	2181	58.6	13.4	0.8	0.8	0	0.5	1.3	✓		✓	4
CHILLI BUTTER Butter(Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Reconstituted Butter MILK (12%), Salt (1.3%), Emulsifier (Mono and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Acidity Regulator (Lactic Acid), Colours (Annatto, Curcumin), Flavouring). Harrisa Pasta(Red hot Peppers, Garlic, Coriander, caraway, Salt)	530	2181	58.6	13.4	0.8	0.8	0	0.5	1.3	✓		✓	4
CHEDDAR SAUCE Cheesy whey(MILK) 62%, water oil emulsion(partially hydrogenated SOYBEAN oil, water, emulsifier:sodium stearyl-2-lactylate), cheddar cheese 5%(MILK , cheese cultures, salt, enzymes), Mod. Starch (Tapioca),Mod.corn starch, Acid (Lactic Acid, Citric Acid), Emulsifier (E472E), Colours : paprika, carotenes.	194	812	14.5	3.2	10.6	2.3	2	1.6	2.2	✓		✓	2; 4
CREAMY PEPPERCORN SAUCE Water, Rapeseed Oil, Glucose Syrup, MILK Protein, Black Pepper, Spirit Vinegar, Salt, Sugar, Flavouring, Modified Starch, Caramelised Sugar, Acid: Lactic Acid, Acidity Regulator: Sodium Diacetate, Stabiliser: Xanthan Gum, Guar Gum, Spices, Beef Extract, Preservative: Potassium Sorbate	403	1663	40	3	10.4	3.9	0.1	0.5	1.5	✓		✓	4

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PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturate/g	Carbohydrate /g	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGENS
SATAY SAUCE Sugar 46.0%,Water 21.0%,Pickled Red Chilli 19.0%,Vinegar 6.8%,Garlic 6.0%,Salt 1.0%,Stabilizer:Xanthan gum (E415) 0.2% , COCONUT Extract (56%), Water, Stabiliser: E466, Emulsifier: E471, Antioxidant: E330, Roasted PEANUTS (90%), Sugar, Fully Hydrogenated Palm oil, Parsley	314	1318	32	26	19.2	13	11	22	2	✓	✓	✓	13; 14 COCONUT
FAJITA SAUCE Roast Red Peppers, Olives, Pineapples, Jalapenos, Parsley, Water, Salt, Sugar,Vinegar	34	142	0.2	0	7.8	5	0.8	0.9	1.3	✓	✓	✓	
SALSA SAUCE Tomatoes (36%), Water, Onions (38%), Green Peppers (33%), Sugar, Spirit Vinegar, Modified Starch, Tomato Puree, Lemon Juice (from Concentrate), Salt, Spices, Acid: Citric Acid; Parsley.	34	142	0.2	0	7.8	5	0.8	0.9	1.3	✓	✓	✓	
WHITE HERB/ GARLIC SAUCE Skimmed MILK , Vegetable stock(Water, Salt, Yeast Extract, Maltodextrin, Sugar, Onion, Carrot, Tomato, Herbs), Vegetable Oil(Palm), Modified Starch, Salt, Emulsifier (SOYA Lecithin)	170	715	14.8	8	7.2	3.3	0	2.3	0.2	✓		✓	2; 4

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PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGENS
SIDE ORDERS													
GARLIC BREAD WITH CHEESE WHEAT Flour, Water, Yeast, WHEAT GLUTEN , Salt, Emulsifiers (E472e), Flour Treatment Agents (Ascorbic Acid), Calcium Sulphate, Anticaking agents: Calcium Silicate. GARLIC BUTTER (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Reconstituted Butter MILK (12%), Salt (1.3%), Emulsifier (Mono and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Acidity Regulator (Lactic Acid), Colours (Annatto, Curcumin), Flavouring, Olive Oil, Garlic, Parsley) Mozzarella Cheese (MILK, Anticaking Agent (Potato Starch)	436	1832	20	4.6	54.5	1.2	2.3	8.2	1.5			✓	1 WHEAT 4
CHILLI BREAD WITH CHEESE WHEAT Flour, Water, Yeast, WHEAT GLUTEN , Salt, Emulsifiers (E472e), Flour Treatment Agents (Ascorbic Acid), Calcium Sulphate, Anticaking agents: Calcium Silicate. garlic. CHILLI BUTTER (Butter(Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Reconstituted Butter MILK (12%), Salt (1.3%), Emulsifier (Mono and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Acidity Regulator (Lactic Acid), Colours (Annatto, Curcumin), Flavouring). Harrisa Pasta(Red hot Peppers, Garlic, Coriander, caraway, Salt) Mozzarella Cheese (MILK, Anticaking Agent (Potato Starch). Jalapenos	436	1832	20	4.6	54.5	1.2	2.3	8.2	1.5			✓	1 WHEAT 4
POTATO WEDGES Potatoes, Seasoning (7%) (WHEAT FLOUR, Salt, MODIFIED STARCH, STARCH, Spices (Black Pepper, Chilli Pepper), Garlic Powder, Onion Powder, Raising Agents (E450(i), E500(ii), Yeast Extract, Spice Extracts (Paprika, Black Pepper), Dextrose), Palm Oil	149	624	6.2	3	20.8	1.0	2.1	2.4	1.0		✓	✓	1 WHEAT
SWEET POTATO FRIES Sweet Potatoes, Vegetable Oil, Modified Starch, Sugar, Rice Flour, Starch, Dextrin, Salt, Raising Agents (E450, E500), Natural Colours (Paprika Extract, Turmeric Extract), Thickener (E415)	162	680	4.8	0.4	28.6	8.3	3.6	1.2	1.0	✓	✓	✓	
CHICKEN TENDERS Chicken Inner Fillete (54%) WHEAT Flour, Water, Palm Oil, WHEAT Starch, Tapioca Starch, Salt, Modified Tapioca Starch, WHEAT GLUTEN , Yeast Extract, Sugar, Raising Agents, (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Yeast, Spice (Black Pepper, Salt, Paprika)	207	868	9.4	3.8	15.9	0.4	15.2	0.6	1.1				1 WHEAT

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CHICKEN BITES Chicken 65%, water, vegetable oil(cottonseed and sunflower),Coating (WHEAT flour, maize flour, starch, breadcrumb (WHEA flour, salt, yeast), salt, stabiliser E450i raising agents E450i, E500ii., skimmed MILK powder, dextrose, spices and thickness agent. E412. May contain SOYA , OAT barley and rye	217	907	11.8	3.9	11.1	0.3	3.8	12	1.0				1 ^{WHEAT} 2; 4
CHICKEN WINGS - PLANE Chicken (99%), Olive Oil, Salt, Pepper, Paprika, Liquid Smoke	206	862	11.8	3.36	Trace	Trace	Trace	25	1.0	✓			
CHICKEN WINGS - BBQ Chicken (99%), Olive Oil, Salt, Pepper, Paprika, Liquid Smoke, Bbq sauce (Water, Sugar, Tomato Puree (14%), Spirit Vinegar, Modified Starch, Salt, SOY Sauce (Water, SOYABEAN , Salt, Spirit Vinegar), Caramelised Sugar, BARLEY Malt Vinegar, Ginger Puree, Smoke Flavour, Spices,parsley)	236	973	11.8	3.36	14	10	0.1	25	1.1	✓			2
CHICKEN WINGS - HOT Chicken (99%), Olive Oil, Salt, Pepper, Paprika, Liquid Smoke; Hot sauce (Peppers, vinegar, salt, jalapenos,parsley,paprika)	226	893	11.8	3.37	Trace	0.4	0.5	25	1.5	✓			
CHEESE NACHOS Nachos : Corn Flour (79%), Palm Oil, Salt (0,9%). Cheddar Sauce: Skim Milk , Water, Sunflower Oil, Mod. Starch (Tapioca), Cheddar Cheese (4%), Salt (1.6%), Antioxidation Agent (E339, E331), Yeast Extract, Flavour (Cheddar Cheese), Acid (Lactic Acid, Citric Acid), Emulsifier (E472E), Colours (E160A, E160E), White Pepper. Guacamole: Water, Onions 6%, Tomatoes 6%, Green Sweet Pepper 6 %, Rapeseed Oil 5 %, Cheese (MILK) 4.7%, Modified Starch, Green Chilli Peppers, Coconut Oil, Sugar ,Salt, Lactoprotein (MILK), Jalapeno Peppers, Avocado Powder, Concentrated Lemon Juice,. Emulsifier: Sodium Polyphosphate. Stabiliser: Xanthan Gum, Guar Gum, Garlic Flavoring. Salsa Sauce: Tomatoes (36%), Water, Onions (38%), Green Peppers (33%), Sugar, Spirit Vinegar, Modified Starch, Tomato Puree, Lemon Juice (from Concentrate), Salt, Spices, Acid: Citric Acid; Parsley. Monterey Jack Cheese (MILK)	258	1083	12	5	18	3	3	8	3	✓		✓	2; 4

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<p>CAJUN CHICKEN NACHOS</p> <p>Nachos : Corn Flour (79%), Palm Oil, Salt (0,9%). Cheddar Sauce: Skim Milk, Water, Sunflower Oil, Mod. Starch (Tapioca), Cheddar Cheese (4%), Salt (1.6%), Antioxidation Agent (E339, E331), Yeast Extract, Flavour (Cheddar Cheese), Acid (Lactic Acid, Citric Acid), Emulsifier (E472E), Colours (E160A, E160E), White Pepper. Guacamole: Water, Onions 6%, Tomatoes 6%, Green Sweet Pepper 6 %, Rapeseed Oil 5 %, Cheese (MILK) 4.7%, Modified Starch, Green Chilli Peppers, Coconut Oil, Sugar ,Salt, Lactoprotein (MILK), Jalapeno Peppers, Avocado Powder, Concentrated Lemon Juice,. Emulsifier: Sodium Polyposphate. Stabiliser: Xanthan Gum, Guar Gum, Garlic Flavoring. Salsa Sauce: Tomatoes (36%), Water, Onions (38%), Green Peppers (33%), Sugar, Spirit Vinegar, Modified Starch, Tomato Puree, Lemon Juice (from Concentrate), Salt, Spices, Acid: Citric Acid; Parsley. Monterey Jack Cheese (MILK). Chicken Fillet(92%), LACTOSE, MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxidants (E325, E331), Gelling Agents (E407a), Stabiliser (E451); Herbs : Salt, Paprika, Chilli, Onion, Cumin, Garlic, Black Pepper, Chilli Coarse, Thyme, Oregano, White Pepper, Citric Acid, Parsley. Olive Oil</p>	358	1503	13	5	20	3	3	24	3	✓			2 ; 4
<p>CHILLI BEEF NACHOS</p> <p>Nachos : Corn Flour (79%), Palm Oil, Salt (0,9%). Cheddar Sauce: Skim Milk, Water, Sunflower Oil, Mod. Starch (Tapioca), Cheddar Cheese (4%), Salt (1.6%), Antioxidation Agent (E339, E331), Yeast Extract, Flavour (Cheddar Cheese), Acid (Lactic Acid, Citric Acid), Emulsifier (E472E), Colours (E160A, E160E), White Pepper. Guacamole: Water, Onions 6%, Tomatoes 6%, Green Sweet Pepper 6 %, Rapeseed Oil 5 %, Cheese (MILK) 4.7%, Modified Starch, Green Chilli Peppers, Coconut Oil, Sugar ,Salt, Lactoprotein (MILK), Jalapeno Peppers, Avocado Powder, Concentrated Lemon Juice,. Emulsifier: Sodium Polyposphate. Stabiliser: Xanthan Gum, Guar Gum, Garlic Flavoring. Salsa Sauce: Tomatoes (36%), Water, Onions (38%), Green Peppers (33%), Sugar, Spirit Vinegar, Modified Starch, Tomato Puree, Lemon Juice (from Concentrate), Salt, Spices, Acid: Citric Acid; Parsley. Monterey Jack Cheese (MILK). Mince Beef 90%, Tomato Paste(Tomatoes (99.5%), Salt),Dry Chilli Flakes, Salt, Pepper,Parsley</p>	358	1503	11	4	20	3	3	24	3	✓			2 ; 4

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CHICKEN CAESAR SALAD Salad leaves, Roast Chicken (Chicken Fillet(92%), LACTOSE, MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxydant (E325, E331), Gelling Agents (E407a), Stabiliser (E451) Bacon (Pork Bellies, Salt, Acidifying Agents (E325), Dextrose: Atioxydant E316, Preservative E260), Parmesan (MILK , Salt, Rennet), Caesar dressing (Rapeseed Oil, Water, Spirit Vinegar, Pasteurised EGG , Cheese (3%) (MILK), Sugar, Salt, Extra Virgin Olive Oil (2%), Garlic, Spices, Lemon Juice (from Concentrate), Black Pepper, Flavourings (contains MUSTARD, MILK), Stabiliser: Xanthan Gum, Guar Gum; MILK Protein, Chives, Preservative: Potassium Sorbate)	390	1560	20	7	13	3	3	31	1				1 WHEAT 2; 4; 11
MEDITERRANEAN SALAD Salad leaves, mixed olives (salt, olive oil), roast red peppers(salt, vinegar,water), caramilized red onions(white vinegar, sugar),courgettes, sundried tomatoes(oil, herbs, salt), feta (MILK), tomato & herb dressing Water, Rapeseed Oil, Red Wine Vinegar (11%), Tomato Puree (9%), Sugar, Salt, Lemon Juice (from Concentrate), Garlic, Stabiliser: Xanthan Gum, Guar Gum; Herbs, Spices, MUSTARD Flavoring, Preservative: Potassium Sorbate	89	372	5	3	12	2	2	3	2		✓	✓	4; 11
CRUTONS WHEAT Flour, Sunflower Oil, WHEAT GLUTEN , Salt, Sugar, Yeast	412	1736	8.8	0.8	69	5.3	4.2	12	1.6		✓	✓	1 WHEAT
GLUTEN FREE CROUTONS Water, Potato Flour, Corn Starch, Tapioca Starch, White Rice Flour, Buckwheat Flour, Thickening Agent, (Xanthan Gum, Cellulose, Agar agar,), Glycerol, Yeast, Rice Bran, Apple Juice Concentrate, Pea Protein, Salt, Psyllium Husk, Rapeseed Oil, Acids (Citric Acid, Malic Acid, Tartaric acid) , Flour Treatment Agent (Ascorbic Acid)	193	808	1.1	0.3	34	0.8	10.3	7.1	1.3	✓	✓	✓	
COCTAIL SAUSAGES Pork (40%), Water, Rusk [WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Pork Fat, Seasoning (Salt, Dextrose, Stabiliser: Triphosphate; Preservative: Sodium SULPHITE ; Antioxydant: Sodium Ascorbate; Spice Extracts, Yeast Extract, Colour: Carmine), Pork Rind, WHEAT Protein. Filled into Beef Collagen casing.	244	1017	16.4	6.1	12.5	1.1	2	10.7	2.4				1 WHEAT 8

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COELIAC GARLIC BREAD Water, Potato Flour, Corn Starch, Tapioca Starch, White Rice Flour, Buckwheat Flour, Thickening Agent, (Xanthan Gum, Cellulose, Agar agar,), Glycerol, Yeast, Rice Bran, Apple Juice Concentrate, Pea Protein, Salt, Psyllium Husk, Rapeseed Oil, Acids (Citric Acid, Malic Acid, Tartaric acid) , Flour Treatment Agent (Ascorbic Acid) GARLIC BUTTER (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Reconstituted Butter MILK (12%), Salt (1.3%), Emulsifier (Mono and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Acidity Regulator (Lactic Acid), Colours (Annatto, Curcumin), Flavouring, Olive Oil, Garlic, Parsley). Mozzarella Cheese (MILK , Anticaking Agent (Potato Starch)	299	1353	15.6	3.3	34.2	0.9	10.3	7.1	1.5	✓		✓	4
COELIAC CHILLI BREAD Water, Potato Flour, Corn Starch, Tapioca Starch, White Rice Flour, Buckwheat Flour, Thickening Agent, (Xanthan Gum, Cellulose, Agar agar,), Glycerol, Yeast, Rice Bran, Apple Juice Concentrate, Pea Protein, Salt, Psyllium Husk, Rapeseed Oil, Acids (Citric Acid, Malic Acid, Tartaric acid) , Flour Treatment Agent (Ascorbic Acid) . CHILLI BUTTER (Butter(Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Reconstituted Butter MILK (12%), Salt (1.3%), Emulsifier (Mono and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Acidity Regulator (Lactic Acid), Colours (Annatto, Curcumin), Flavouring). Harrisa Pasta(Red hot Peppers, Garlic, Coriander, caraway, Salt) Mozzarella Cheese (MILK , Anticaking Agent (Potato Starch). Jalapenos	299	1353	15.6	3.3	34.2	0.9	10.3	7.1	1.5	✓		✓	4
COELIAC POTATO WEDGES Potatoes, Sunflower Oil, Salt, Pepper, Dry Herbs	118	489	3.6	1.8	19	0.5	2.5	2.5	0.2	✓	✓	✓	

ALLERGENS													
1	CEREALS CONTAINING GLUTEN WHEAT/BARLEY / RYE / OATS	6	MOLLUSC PRODUCTS	11	MUSTARD PRODUCTS								
2	SOYBEANS OR SOYA PRODUCTS	7	CRUSTACEANS	12	LUPIN PRODUCTS								
3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES								
4	MILK / MILK PRODUCTS	9	SESAME PRODUCTS	14	TREE NUTS / NUT DERIVATIVES								
5	FISH PRODUCTS	10	CELERY PRODUCTS										

PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturate/g	Carboh ydrate /g	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGE NS
DESERTS													
PROFITEROLES CREAM 72%, EGGS, WHEAT FLOUR, Vegetable Fat (Palm), Stabiliser (Xanthan Gum), Salt; Chocolate mousse(SOY lecithin, WHEAT fibre, skimmed MILK, veg.oils, gelatin, cocoa powder); Strawberry, Chocolate sauce;Icing sugar, MILK	321	1347	25.2	16.6	18.8	12.9	0.2	4.3	0			✓	1 WHEAT 3; 4
COOKIES & CREAM Unbleached WHEAT FLOUR(GLUTEN) (enriched with niacin , reduced iron, thiamine mononitrate, riboflamin, folic acid), sugar, semi-sweet chocolate chunks (16%)(sugar, chocolate liquor, cocoa butter, BUTTERFAT, SOY LECITHIN (emulsifier),salt and vanillin(artificial flavouring)), palm oil, corn syrup, cocoa dutch processed with alcli (6%), water, molasses, SOYABEAN OIL, egg replacer(SOY FLOUR, WHEAT GLUTEN),corn syrup solids, sodium bicarbonate	456	1928	22.5	10.4	59.1	22	1.6	3.9	0.2			✓	1 WHEAT 2; 4
BANOFFEE PIE Gluten Free Chocolate Chip Cookies (Gluten free OAT Flour 25%, Vegetable Margarine(Palm Fats, Water , Salt, Emulsifier,Acidity Regulator, Tapioca starch 9%, Plain Chocolate Chips 7%(Sugar, Dried MILK, Cocoa Butter, Whey Powder (MILK), Emulsifier: SOYA Lecithins, Flavoring. Rasing Agent: Sodium Hydrogen Carbonate. Fresh Bananas, Fresh Mint, Double Cream (MILK), Icing sugar, Cocoa powder. Toffee sauce(MILK, sugar, Butter 7%, (MILK), Water, Dextrose, Double Cream (MILK), modified Starch, Dried Glucose Syrup, Dried Caramelised Sugar, Flavouring, Emulsifier(Mono-and dyglicerides of fatty acids)	395	1652	22	9.6	43	32	2.2	4.8	1	✓		✓	2; 4
ICE CREAM. "HOLIDAY IN"-STRAWBERRY&VANILLA CONES / CHOCOLATE & NUT – CONES Water, Biscuit Cone (19%) (WHEAT Flour, Sugar, Coconut oil, Emulsifier:Lecithin;Water,Salt, Colour:plain caramel), Recostituted Skimmed MILK,Chocolate Flavoured Coating 10% (Vegetable oils and fats. Cocoa powder. PEANUTS 1.5 %. Stabiliser: Guar Gum, Carob Gun.	249	1047	10	7.7	35.4	24.1	0.6	3.9	0.2			✓	1 WHEAT 4; 13

ALLERGENS											
1	CEREALS CONTAINING GLUTEN WHEAT/BARLEY / RYE / OATS	6	MOLLUSC PRODUCTS	11	MUSTARD PRODUCTS						
2	SOYBEANS OR SOYA PRODUCTS	7	CRUSTACEANS	12	LUPIN PRODUCTS						
3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES						
4	MILK / MILK PRODUCTS	9	SESAME PRODUCTS	14	TREE NUTS / NUT DERIVATIVES						
5	FISH PRODUCTS	10	CELERY PRODUCTS								

PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegetarian friendly	ALLERGENS
DONUTS & CREAM WHEAT flour, filling (24%) (raspberries (71%), blueberries (14%), blackberries (14%), water, glucose-fructose syrup, sugar, thickener (hydroxy propyl distarch phosphate), flavouring, preservative (potassium sorbate)), vegetable oils (rapeseed, palm), water, EGGS , sugar, butter (MILK), decoration (dextrose, WHEAT starch, palm oil), gluten (WHEAT), yeast, salt, emulsifier (mono- and diglycerides of fatty acids), colour (carotenes), antioxidant (ascorbic acid), malt flour (WHEAT). Whipped Cream (raw MILK , icing sugar). Strawberry Syrop (Glucose-Fructose Syrup, Strawberry Puree (17%), Sacharose, Water, Thickeners (Modified Corn Starch E1422, Pectin E440), Food Acid (Citric Acid E330), Flavour, Colour (Carmine Red E120), Beta-Carotene E160a), Preservative (Potassium Sorbate E202)	323	1349	14	6.6	42	12	1.9	5.4	0.7			✓	1 WHEAT 3; 4
MULLINS ICE CREAM– VANILLA Skimmed MILK (Cow's MILK), CREAM , Sugar, Pasteriused EGG , MILK powder, Glucose Dextrose, Emulsifier:Mono & Di-Glycerides of fatty acids, Stabilisers: Locust Bean Gum, Guar Gum, Carrageennan , Vanilla Extract	209	876	11.9	6.95	22.7	17.6	0.1	0.5	0.1	✓		✓	3; 4
MULLINS ICE CREAM– STRAWBERRY /RASPBERRY/HONEYCOMB Skimmed MILK (Cow's MILK), CREAM , Sugar, Pasteriused EGG , MILK powder, Glucose Dextrose, Emulsifier:Mono & Di-Glycerides of fatty acids, Stabilisers: Locust Bean Gum, Guar Gum, Carrageennan , Vanilla Extract,HoneyComb/ Raspberry / Strawberry Ripple Syrup (7%) (Raspberry/ Strawberry Concentrate, Modified Waxy Maize Strach. / Chocolate Extract	209	876	11.9	6.95	22.7	17.6	0.1	0.5	0.1	✓		✓	3; 4
MULLINS ICE CREAM – COOKIE & CREAM Skimmed MILK (Cow's MILK), CREAM , Sugar, Pasteriused EGG , MILK powder, Glucose Dextrose, Emulsifier:Mono & Di-Glycerides of fatty acids, Stabilisers: Locust Bean Gum, Guar Gum, Carrageennan , Vanilla Extract, Cookies 15%(WHEAT flour, sugar, vegetable oil, cocoa powder, starch, glyucose-fructose syrup, emulsifiers(SOYA lecithin, sunflower lecithin)	259	1082	14	7.9	28	23	4.5	0.1	0.2			✓	1 WHEAT 2; 3; 4

ALLERGENS													
1	CEREALS CONTAINING GLUTEN WHEAT/BARLEY / RYE / OATS	6	MOLLUSC PRODUCTS	11	MUSTARD PRODUCTS								
2	SOYBEANS OR SOYA PRODUCTS	7	CRUSTACEANS	12	LUPIN PRODUCTS								
3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES								
4	MILK / MILK PRODUCTS	9	SESAME PRODUCTS	14	TREE NUTS / NUT DERIVATIVES								
5	FISH PRODUCTS	10	CELERY PRODUCTS										

PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carboh ydrate (g)	Suga rs (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGE NS
CHEESE													
MOZZARELLA Mozzarella Cheese (MILK, Anticaking Agent (Potato Starch)	300	1240	22	14	1.8	0.9	0	25	1.4	✓		✓	4
RED CHEDDAR MILK, Salt, Starter Culture, Vegetarian Rennet, Colour (Annatto), Potato Starch	390	1630	32	19.8	1	0.2	0	26	1.9	✓		✓	4
PARMESAN MILK, Salt, Rennet	384	1597	28	17.5	0	0	0	33	1.5	✓		✓	4
FETA Cow's MILK Vegetable Rennet 4% Salt	100	240	20	10	3	0	0	2	1	✓		✓	4
PROVOLONE MILK, Salt, Rennet, Preservative on Surface: E202; E203; E235	336	1410	26.4	17.9	0.4	0.4	0	25.1	0.7	✓		✓	4
MONTERREY JACK Pasteurized MILK, Cheese Culture, Salt, Enzymes), Potato Starch and Powdered Cellulose (To Prevent Caking), Natamycin (A Natural Mold Inhibitor)	390	1631	32	21	0.1	0.1	0	26	0.6	✓		✓	4
CASHEL BLUE Pasteurised Cow's MILK, Salt, Calcium Chloride, Rennet, Starter Culture, Penicillium Roquefortii	340	1420	29	18	0.1	0.1	0	20	1.3	✓		✓	4
COOLENEY CAMEMBERT MILK, salt, starter, rennet	324	1349	22.5	15.8	7.2	0.1	0	22.2	1.4	✓		✓	4
OAK SMOKED MILK, Salt, Calcium Chloride, Rennet, Starter Culture	109	456	28	17	1	1	0	24	0.2	✓		✓	4
REDUCED FAT MOZZARELLA Mozzarella Cheese (MILK, Anticaking Agent (Potato Starch)	150	627	20	10	3	1	1	12	1	✓		✓	4
GOATS CHEESE LOG Goats MILK	324	1350	29	21	3	0	1	16	1.2	✓		✓	4
VEGAN MOZZARELLA water, coconut oil (21%), starch, modified starch, sea salt, vegan flavour. preservative: sorbic acid, colour: b – carotene.	270	1130	21	19	21	0	0	0	2.2	✓	✓	✓	

ALLERGENS					
1	CEREALS CONTAINING GLUTEN WHEAT/BARLEY / RYE / OATS	6	MOLLUSC PRODUCTS	11	MUSTARD PRODUCTS
2	SOYBEANS OR SOYA PRODUCTS	7	CRUSTACEANS	12	LUPIN PRODUCTS
3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES
4	MILK / MILK PRODUCTS	9	SESAME PRODUCTS	14	TREE NUTS / NUT DERIVATIVES
5	FISH PRODUCTS	10	CELERY PRODUCTS		

PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegetarian friendly	ALLERGENS
PIZZA BASES													
REGULAR/ THIN CRUST DOUGH WHEAT Flour, Water, Vegetable Oil, Salt, Sugar, Yeast	229	972	2.7	1.49	48.3	1.4	0	5.9	0.6		✓	✓	1 WHEAT
GLUTEN FREE BASE BREAD MIX (MAIZE STRACH, MILK POWDER, MODIFIED MAIZE STRACH, BUCKWHEAT FLOUR, RICE FLOUR, RAISING AGENTS: (Sodium Bicarbonate, Acid CalciumPhosphate) ,EGG ALBUMIN : (contains: Acidity Regulator, Citric Acid, Foaming agent: Triethyl Citrate), SOYA FLOUR, salt, calcium carbonate, olive oil, ANTI CAKING AGENT: Tricalcium Phosphate; STABILISER: Methyl Hydroxypropyl Cellulose, vitamins: b1, b2 & niacin, iron. Olive Oil, Water	337	1426	3	0.2	75	5	0.5	8.9	2.2	✓		✓	2; 3; 4



ALLERGENS											
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2	SOYBEANS OR SOYA PRODUCTS	7	CRUSTACEANS	12	LUPIN PRODUCTS						
3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES						
4	MILK / MILK PRODUCTS	9	SESAME PRODUCTS	14	TREE NUTS / NUT DERIVATIVES						
5	FISH PRODUCTS	10	CELERY PRODUCTS								

PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGENS
PIZZA TOPPINGS / MEAT													
PEPPERONI Beef (82%), Water, Strach, Salt ,Spices, Sugar, Stabiliser E452, Preservative E250,Antioxidant E301. Smoke	471	1968	43	16	3.6	2.1	0	18	3.7	✓			
HAM Pork(80%), Water, Salt, Strach, Spices, Sugar, Stabiliser E452, Preservative E250,Antioxidant E301.	104	439	2.8	1	0.2	0.5	0.5	19.5	2	✓			
SAUSAGES Pork (67%), Water, Rusk (WHEAT flour, Salt), Pork Rind, Pork Fat, Potato starch, Salt, WHEAT Protein, Dextrose, Stabiliser (Triphosphate), Spices, Preservative (Sodium Metabisulphate) (sodium dioxide), Spice Extracts, Antioxidant (Sodium Ascorbate) Sodium SULPHITE	232	976	14.6	5.24	9.6	0.8	1.4	15.5	1.6				1 WHEAT 8
COELIAC SAUSAGES Pork(58%), Water, Rice, Pork Fat, Pie Starch, Potatoo Starch, Dextrose, Stabiliser:Triphosphates, Preservative: Sodium SULPHITE ;Yeast Extract, Spice Extracts, Antioxidants: Sodium Ascorbate; Colour: Carmines, Beef Collagen Casings.	373	1545	31	11	9.2	0.9	0.5	14	2.2	✓			8
CHORIZO Pork, Salt, Sugar, MILK Protein, SOYA protein, Emulsifiers : E450, E451, E452, E575; Antioxidants: E331, E301; Preservatives E250, E252; Colouring E124	242	1018	14	8	3	5	0.1	23	1.3	✓			2; 4
BACON Pork Bellies, Salt, Acidifying Agents (E325), Dextrose: Atioxydant E316, Preservative E260	276	1157	23	9	1	1	0	17	0.9	✓			
ROAST CHICKEN Chicken Fillet(92%), LACTOSE , MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxidants (E325, E331), Gelling Agents (E407a), Stabiliser (E451)	115	486	1.5	0.5	0.5	0.1	0.5	25	0.7	✓			2; 4

ALLERGENS													
1	CEREALS CONTAINING GLUTEN WHEAT/BARLEY / RYE / OATS	6	MOLLUSC PRODUCTS	11	MUSTARD PRODUCTS								
2	SOYBEANS OR SOYA PRODUCTS	7	CRUSTACEANS	12	LUPIN PRODUCTS								
3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES								
4	MILK / MILK PRODUCTS	9	SESAME PRODUCTS	14	TREE NUTS / NUT DERIVATIVES								
5	FISH PRODUCTS	10	CELERY PRODUCTS										

PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegetarian friendly	ALLERGENS
BBQ CHICKEN Chicken Fillet(92%), LACTOSE, MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxidants (E325, E331), Gelling Agents (E407a), Stabiliser (E451); BBQ Sauce:Water, Sugar, Tomato Puree (14%), Spirit Vinegar, Modified Starch, Salt, SOY Sauce (Water, SOYABEAN , Salt, Spirit Vinegar), Caramelised Sugar, BARLEY Malt Vinegar, Ginger Puree, Smoke Flavour, Spices,PARSLEY	118	498	1.8	0.7	0.7	0.5	0.7	25	0.8	✓			2; 4
CAJUN CHICKEN Chicken Fillet(92%), LACTOSE, MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxidants (E325, E331), Gelling Agents (E407a), Stabiliser (E451); Herbs : Salt, Paprika, Chilli, Onion, Cumin, Garlic, Black Pepper, Chilli Coarse, Thyme, Oregano, White Pepper, Citric Acid, Parsley. Olive Oil	120	502	1.9	0.8	0.7	0.5	0.7	25	0.9	✓			2; 4
HOT CHICKEN Chicken Fillet(92%), LACTOSE, MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxidants (E325, E331), Gelling Agents (E407a), Stabiliser (E451) Hot Sauce: Peppers, vinegar, salt, jalapenos,parsley,paprika	115	486	1.5	0.5	0.5	0.1	0.5	25	0.73	✓			2; 4
SATAY SAUCE CHICKEN Chicken Fillet(92%), LACTOSE, MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxidants (E325, E331), Gelling Agents (E407a), Stabiliser (E451) Satay Sauce: Sugar 46.0%,Water 21.0%,Pickled Red Chilli 19.0%,Vinegar 6.8%,Garlic 6.0%,Salt 1.0%,Stabilizer:Xanthan gum (E415) 0.2% , COCONUT Extract (56%), Water, Stabiliser: E466, Emulsifier: E471, Antioxidant: E330, Roasted PEANUTS (90%), Sugar, Fully Hydrogenated Palm oil, Parsley	180	720	3.8	1.5	1.2	0.4	0.3	25	0.8	✓			2; 4; 13; 14 COCONUT
FAJITA SAUCE CHICKEN Chicken Fillet(92%), LACTOSE, MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxidants (E325, E331), Gelling Agents (E407a), Stabiliser (E451) Fajita Sauce: Roast Red Peppers, Olives, Pineapples, Olive Oil, Jalapenos, Parsley, Water, Salt, Sugar,Vinegar	118	498	1.8	0.7	0.7	0.5	0.7	25	0.8	✓			2; 4

ALLERGENS											
1	CEREALS CONTAINING GLUTEN WHEAT/BARLEY / RYE / OATS	6	MOLLUSC PRODUCTS	11	MUSTARD PRODUCTS						
2	SOYBEANS OR SOYA PRODUCTS	7	CRUSTACEANS	12	LUPIN PRODUCTS						
3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES						
4	MILK / MILK PRODUCTS	9	SESAME PRODUCTS	14	TREE NUTS / NUT DERIVATIVES						
5	FISH PRODUCTS	10	CELERY PRODUCTS								

PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGENS
PESTO CHICKEN Chicken Fillet(92%), LACTOSE , MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxidants (E325, E331), Gelling Agents (E407a), Stabiliser (E451) Basil, olive oil, sunflower oil, sea salt, CASHEW NUTS , PINENUTS , WALNUTS , Parmigiano Reggiano(MILK),garlic, white wine vinegar, corn flour, flavours. Acidity regulator: citric acid, lacticacid	180	720	3.8	1.5	1.2	0.4	0.3	25	0.8	✓			2; 4; 14 CASHEW PINENUT WALNUT
CHILLI BEEF Mince Beef 90%, Tomato Paste(Tomatoes (99.5%), Salt), Dry Chilli Flakes, Salt, Pepper,Parsley	120	502	4	2	2	0.3	1	7	1	✓			
HEREFORD BEEF Mince Beef 95%, Salt, Pepper, Dry Herbs, Parsley	120	502	4	2	2	0.3	1	7	1	✓			
ROAST BEEF (STEAK) Beef Steak 99%, Salt, Black Pepper, Olive Oil	100	418	4	1.7	1.3	0.4	0.1	12	1	✓			
PULLED BBQ PORK Boneless pork collar 98%, BBQ Glaze 2%, (caster sugar, salt, maize starch, tomato powder, onion powder, smoked salt, garlic powder, cayenne, chilli blend, (chilli, cumin, garlic, oregano, salt) cornflour, ground cumin, black pepper, allspice, ground coriander, colour: paprika extract. BBQ Sauce:Water, Sugar, Tomato Puree (14%), Spirit Vinegar, Modified Starch, Salt, SOY Sauce (Water, SOYABEAN , Salt, Spirit Vinegar), Caramelised Sugar, BARLEY Malt Vinegar, Ginger Puree, Smoke Flavour, Spices,Parsley	255	1068	15.6	5.6	0.98	0.6	0	27.9	0.5	✓			2
PIZZA TOPPINGS / FISH													
TUNA Tuna, Water, Salt	113	478	0.5	0.2	0	0	27	1	1	✓			5
ANCHOVIES Anchovy Fillets (FISH), Oil, Salt	226	943	2.2	0	0	0	25	0	25	✓			5
SALMON Salmon (FISH) , Salt	210	876	13	2.2	0	0	0	23	1.8	✓			5

ALLERGENS					
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PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGENS
PIZZA TOPPINGS / VEGETABLES													
MUSHROOMS MUSHROOMS , Olive Oil, Parsley, Salt , Black Pepper	13	55	0.5	0	0.4	0	1.8	0	0.1	✓	✓	✓	
ONIONS ONIONS	40	168	1	0	10	5	3	1	0.1	✓	✓	✓	
MIXED PEPPERS RED PEPPERS, GREEN PEPPERS	46	193	0	0	9	6	3	1	0.1	✓	✓	✓	
FRESH TOMATO Tomato, Salt, Black Peppers, Parsley	18	75	0	0	0	3	1	1	0.1	✓	✓	✓	
SWEET CORN Sweet Corn	101	424	1	0	20	5	1	3	0.1	✓	✓	✓	
MIXED OLIVES Green Olives, Black Olives, Fresh Garlic, Olive Oil	145	609	15	2	4	1	3	1	0.3	✓	✓	✓	
PINEAPPLE Pineapple	50	210	0	0	13	10	1	1	0	✓	✓	✓	
ROAST COURGETTE Courgette, Salt , Black Pepper, Olive Oil	88	368	6	1	7	1	1	1	0.1	✓	✓	✓	
ROAST RED PEPPERS Red Peppers, Water, Salt, Acidulant: Citric Acid.	32	136	0	0.5	5.2	3.4	1.5	1.2	0.8	✓	✓	✓	
BABY SPINACH Baby spinach	20	84	0	0	3	0	2	2	0.1	✓	✓	✓	
ROCKET Rocket	35	146	0.3	0.2	3.2	0.3	3.2	3.3	0.04	✓	✓	✓	
BASIL Basil	23	96	0	0	3	0	2	3	0.1	✓	✓	✓	

ALLERGENS											
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PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGENS
FRESH CHILLI Fresh Chilli Red & Green, Olive Oil	26	109	0.1	0	4	1	2	1	0.1	✓	✓	✓	
FRESH GARLIC Garlic, Olive Oil, Parsley	149	625	0.5	0.02	33	1	2	6	0.1	✓	✓	✓	
JALAPENOS Jalapenos, Water, Salt, Vinegar, Calcium Chloride.	14	61	0.3	0	2.3	1	1.6	0.5	1	✓	✓	✓	
CARAMELIZED RED ONIONS Red Onions, Sugar, White Wine Vinegar	80	320	2	0	3	6	1	1	0.4	✓	✓	✓	
SUNDRIED TOMATO Semi Dried Tomatoes (55%), Sunflower Oil (43%), Herbs, Salt, Preservatives (Lactic Acid, Potassium Sorbate), Adidity Regulator (Citric Acid).	184	769	10.7	1	18	11	3.9	5.4	0.4	✓	✓	✓	
GUACAMOLE Water, CREAM (MILK) (30%), Modified Maize Starch, Avocado(4%), Salt(1.2%), Jalapeno Pepper, Onion, Concentrated Lime Juice, Acidity Regulators (Lactic Acid,Citric Acid), Tomato, Coriander Leaf, Colours (Lutein, Copper Chlorophyll), Garlic Extract, Flavourings, Black Pepper.	105	435	7.5	3	7	3	0	2	1.8	✓		✓	4
SLICED PICKLES Gherkins, Water, Spirit Vinegar, Glucose-fructose Syrup, Salt, Sugar, Natural Flavouring	27	116	0.1	0.1	5.2	3.9	0.5	0.6	1.5	✓	✓	✓	
AVOCADO Avocado										✓	✓	✓	
CAPERS Capers, vinegar (sulfur dioxide), water, salt.	35	148	0.8	0	3.9	0.4	0	1.7	3	✓	✓	✓	
PIZZA TOPPINGS / NUTS													
PEAUNUTS PEAUNUTS, Salt, Oil(PEAUNUT, Sunflower)	625	2588	51.4	7.5	12	4.7	3	24.6	3.6	✓	✓	✓	13
CASHEW NUTS Cashew NUTS	573	2374	48.2	9.5	18.1	4.6	4.3	17.7	0.03	✓	✓	✓	14 CASHEW

ALLERGENS													
1	CEREALS CONTAINING GLUTEN WHEAT/BARLEY / RYE / OATS	6	MOLLUSC PRODUCTS	11	MUSTARD PRODUCTS								
2	SOYBEANS OR SOYA PRODUCTS	7	CRUSTACEANS	12	LUPIN PRODUCTS								
3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES								
4	MILK / MILK PRODUCTS	9	SESAME PRODUCTS	14	TREE NUTS / NUT DERIVATIVES								
5	FISH PRODUCTS	10	CELERY PRODUCTS										

PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGENS
GUEST PIZZA TOPPINGS													
ROAST POTATOES Baby Potatoes, Olive Oil, Salt , Black Pepper, Mixed Herbs	149	623	7	0.9	20	0.9	2.5	2.2	0.2	✓	✓	✓	
CRANBERRY & NUT STUFFING WHEAT Flour, Water, Yeast, Salt, Flour Treatment Agent: Ascorbic Acid, PEANUTS, Onions, Parsley, Cranberry Sauce(Cranberries, Sugar, Water)	216	864	16	7	7	2	2	7	2		✓	✓	1 WHEAT 13
BROCCOLI / BROCCOLI RICE Broccoli	31	130	0.8	0	2	0.1	2.4	2.3	0.1	✓	✓	✓	
GRILLED ONIONS Red Onions, Olive Oil, Salt, Black Pepper, Mixed Herbs	89.7	359	3.7	0.5	12.4	0.1	0.5	2.2	0.1	✓	✓	✓	
SAUERKRAUT Sauerkraut, Carrots, Sugar, Olive Oil	19	79	0.1	0	4.4	1.8	1	1	0.1	✓	✓	✓	
SHALLOT, KALE & YORK MIX Savoy/ York cabbage, White Onions, Black pepper, Salt, Olive Oil	89.7	359	3.7	0.5	12.4	0.1	0.5	2.2	0.1	✓	✓	✓	
ROAST PUMPKIN Pumpkin, salt, Black Pepper, Olive Oil, Mixed Herbs	70	294	3	0.1	5	1.4	1	1	0.1	✓	✓	✓	
BABY PROWNS BABY PROWNS	90	308	1.5	0.1	0.1	0.2	0.2	19	0.6	✓	✓	✓	5; 6 ; 7
FRANKFURTER Pork meat 28%, water, mechanically separated chicken and pork skin, SEMOLINA(GLUTEN), potato starch, flavouring (liquid smoke), stabiliser E451, E450, acidity regulator: E331, E330, E262; flavouring: E621; antioxidant E316, sugar, maltodextrin	284	1174	25	9.8	2	2	1.4	12	1.6				1 WHEAT
BOCKWURST Pork meat 70%, water, Salt, Spices, Sugar, Stabiliser: Diphosphates, Spice Extract, Antioxidant: Ascorbic Acid; Preservative: Sodium Nitrite, Brine (Water, Salt)	251	1040	22	8.9	1	1	1	11	1.2	✓			
BRATWURST Pork(58%), Water, Rice, Pork Fat, Pie Starch, Potatoe Starch, Dextrose, Stabiliser:Triphosphates, Preservative: Sodium SULPHITE;Yeast Extract, Spice Extracts, Antioxidants: Sodium Ascorbate; Colour: Carmines, Beef Collagen Casings.	373	1545	31	11	9.2	0.9	0.5	14	2.2	✓			8

ALLERGENS					
1	CEREALS CONTAINING GLUTEN WHEAT/BARLEY / RYE / OATS	6	MOLLUSC PRODUCTS	11	MUSTARD PRODUCTS
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3	EGG / EGG PRODUCTS	8	SULPHUR DIOXIDE	13	PEANUTS OR THEIR DERIVATIVES
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PER 100 GR	Energy KCal	Energy KJ	Fat (g)	Of wich Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Coeliac friendly	Vegan friendly	Vegeterian friendly	ALLERGENS
SLOW COOKED BACON Pork Belly 99%, Salt, Pepper, Olive Oil.	282	1179	24	8.2	0	0.1	0	15	0.3	✓			
ROAST TURKEY Turkey 87%, Water, Brine Mix(Glucose Syrup, Stabiliser: Triphosphates(E451), Potato Starch, Whey Protein (MILK), Emulsifier: Guar Gum (E412) Yeast Extract) , Starch, Salt, Preservative: Sodium Lactate (E325), Poultry Dusting (Spices, Salt, Clours: Paprika Extract Annatto (E160b), Brown HT (E155), Pepper)	105	444	2.6	0.8	1.3	0.5	0.1	19.1	2.5	✓			4
CHILLI & LIME CHICKEN Chicken Fillet(92%), LACTOSE , MILK Proteins, SOYA proteins, Salt, Dextrose, Vegetable Oil(Corn), Antioxidants (E325, E331), Gelling Agents (E407a), Stabiliser (E451); Chilli & Lime herbs (Paprika, chili pepper (25%), salt (21%), lime juice concentrate (6%), citric acid, lime flavour, coriander leaves, anti-caking agent (E551), Olive Oil, Parsley.	120	502	1.9	0.8	0.7	0.5	0.7	25	0.9	✓			2 ; 4
THAI RED CURRY SAUCE Water, creamed coconut (7%), sugar, modified maize starch, coconut milk (2.5%), sliced red pepper, oni on, rapeseed oil, FISH sauce (0.8%) (ANCHOVY extract, salt, sugar), garlic puree, minced lemongrass (0.5%), concentrated tomato puree, coriander leaf, salt, minced galangal, Kaffir lime leaves, chilli flakes, Thai basil, acidity regulators (lactic acid, citric acid), colour (paprika extract)	95	400	7	5	9	4.5	0.9	0.7	0.5	✓			4